



Marijuana Alternatives to Smoking or Vaping

There are a few products available on the market that are an alternative to smoking or vaping marijuana including infused beverages, edibles, lozenges, inhalers, tinctures, vaginal and rectal suppositories, and nasal sprays. For example, there are infused beverages such as soda pop, coffee, etc. and others that act fast (see [best weed drinks](#)).

The website says that marijuana beverages are “infused with THC or CBD to give them a psychoactive or medicinal kick.” They come in various flavors such as strawberry, orange, and cola. Edible take long to kick in and take effect, but weed drinks only take up to 15 minutes to take effect according to the article. In addition, people can make their own drinks.

While there is no safe exposure to secondhand smoke according to the surgeon general, GASP does not oppose allowing marijuana smoking or vaping in outdoor settings not visible to the public that can be controlled in such a way that it does not drift into public places or workplace, and that can minimize the health dangers to workers. GASP does not oppose the use of marijuana products indoors or outdoors that are an alternative to smoking or vaping marijuana including infused beverages, edibles, lozenges, inhalers, tinctures, vaginal and rectal suppositories, and nasal sprays; and that are regulated to limit the impact of impaired driving.

The Colorado Group to Alleviate Smoking Pollution (GASP) is a 501(c)(3) statewide nonprofit organization founded in 1977. Through education and policy change, GASP works to protect the public health through programs and actions to eliminate exposure to secondhand smoke at work, in public places, and in multiunit housing. No one should be forced to breathe secondhand smoke, whether it is from tobacco or marijuana smoking, or the aerosols emitted by electronic smoking devices. Support GASP with your [tax-deductible contribution](#).

303-444-9799 | e-mail: info@gaspco.org
4710 Table Mesa Drive, Suite A, Boulder, CO 80305-4504
www.gaspforair.org

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Information on secondhand marijuana smoke